

August 21, 2022

Questions for Reflection

When are times that you are not open to God's healing? How does the knowledge of God's love and care for you open you more to God's healing? How do you seek God as a refuge in your daily life?

Household Prayer: Morning

God of life and love,
we come to this new day
refreshed from the refuge of sleep and rest.
Sustain us in the coming hours, that we might return this evening,
inspired by your witness in the world
and having done your will. Amen.

Household Prayer: Evening

Lord and keeper of our days,
give us your rest this night.
Release from us the burdens of the day.
Awaken us, refreshed for your service at the dawn,
upright in our praise and thanksgiving. Amen.